


Xavier Catholic School

August-September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14	15	16	17	18
Welcome to the New School Year!		Welcome to the New School Year!	Chicken Wrap Hot Broccoli Florets Spinach Salad Pineapple Tidbits &/or Orange 🍊 HM Chocolate Cupcake	HM Cheese Pizza Garden Peas Tossed Green Salad Fresh Apple Slices &/or Fruit Sidekick
21	22	23	24 Birthday Celebration!!	25
Salisbury Steak Mashed Potatoes & Gravy Fresh Baby Carrots Applesauce &/or Orange 🍊 Homemade Dinner Roll	Chicken Tenders Red Beans & Brown Rice Tossed Green Salad Watermelon &/or Pears Homemade Dinner Roll	Soft Taco Lettuce & Cheese Mix Roasted Corn Spanish Rice Fresh Apple Slices &/or Diced Peaches	Cheeseburger Krinkle Potatoes Hot Broccoli Florets Cantaloupe &/or Applesauce Rice Krispie Treat 	Mozzarella Breadsticks & Dipping Sauce Lean Green Beans Grape Tomatoes & Fresh Baby Carrots Pineapple & Oranges &/or Seedless Grapes
28	29	30	31 Breakfast for Lunch	September 1
Fun Fish Shapes AuGratin Potatoes Fresh Baby Carrots Applesauce &/or Orange 🍊 Homemade Cheese Roll	Teriyaki Chicken Bites Brown Rice & Garden Peas Spinach Salad Pears &/or Watermelon Homemade Cookie	BBQ Meatball Sub Baked Beans Roasted Cauliflower Banana &/or Strawberries	Sausage Bites 🍔 with Trix Yogurt Breakfast Potatoes Carrot Raisin Muffin Fresh Red Peppers Grapes &/or Peaches	Taco Crunch Lettuce & Cheese Mix Whole Kernel Corn Fresh Apple Slices &/or Pineapple Tidbits Homebaked Cinn. Roll
4	5	6	7	8
No School Today! Happy Labor Day!!	Chicken Drumsticks Krinkle Potatoes Fresh Baby Carrots Watermelon &/or Applesauce Homemade Dinner Roll	Homemade Lasagna Roasted Zucchini Romaine & Kale Salad Fresh Cantaloupe &/or Diced Peaches HM Breakaway Bread	Beef Enchilada Spanish Rice Green Beans & Celery with Fiesta Dip Fresh Apple Slices &/or Pineapple	HM Cheese Pizza Garden Peas Grape Tomatoes & Baby Carrots Diced Peaches V Seedless Grapes

Grades 6-8 DAILY Alternatives: Nuggets Chicken & Chef's Salad

Good things to know about our menus--

-All grains are whole grain rich

-Milk choices include white 1% & nonfat, chocolate & strawberry nonfat

-Fruit and vegetable amounts are not limited but must be eaten during mealtime. *Please eat foods you take.*

Items with a " contain pork. The menu is subject to change without notice. Milk is served with each meal.

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